



Dr. Mamta. R. Agarwal,
Advisor-I, Policy and
Academic Planning



सत्यमेव जयते

अखिल भारतीय तकनीकी शिक्षा परिषद्

(भारत सरकार का एक सांविधिक निकाय)

(शिक्षा मंत्रालय, भारत सरकार)

नेल्सन मंडेला मार्ग, वसंत कुंज, नई दिल्ली-110070

ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

(A Statutory Body of the Govt. of India)

(Ministry of Education, Govt. of India)

Nelson Mandela Marg, Vasant Kunj, New Delhi-110070

Phone : 011-26131577 - 78, 80
011-29581000

Website : www.aicte-india.org

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CIRCULAR

To,

All Vice Chancellors of Technical Universities
Directorates of Technical Education (All States /UTs) and
All Directors/Principals of AICTE Approved Institutions

Subject: Celebration of International Day of Yoga on 21st June, 2024

Respected Sir / Madam,

International Day of Yoga (IDY) is celebrated every year on 21st June. This year the IDY is planned to be celebrated on a large scale. In order to bring more participants into the fold, the following activities are suggested at technical institutions level:

- The Common Yoga Protocol shall be practiced on 21st June, 2024, followed by a suitable and benefitting programme on Yoga by students.
- Universities/Institutions may organize Yoga related activities such as lectures, workshops, training programmes etc. by inviting Yoga experts. Minimum 15 days Yoga Training Program on Common Yoga Protocol literature and videos may be downloaded from the Ministry of Aarush's Portal.
- Universities/Institutions may distribute Yoga attire, Yoga Mats, Caps etc. having the logo of IDY to their employees and students to practice and adopt Yoga. Few competitions on Yoga may also be organized to create interest among the students/Staff.
- Universities/Institutions may display Yoga Charts and Standees inside their campus. Details may be obtained from the Yoga portal of the Ministry of AYUSH.
- Universities/Institutions in official newsletter/bulletin/magazine may publish articles and other related matter about Yoga.
- Institutions may encourage the staff and students to participate in online activities/competitions being organized by the Ministry of AYUSH through MyGov Portal.
- Institutions may create permanent Yoga facilities for the practice on regular basis within the Institute.
- Students and staff may be encouraged to participate in live online Yoga discourse with prominent Yoga Gurus for insightful discussion.

All the technical universities and their affiliated colleges/institutions are requested to organize various activities as suggested above and share their participatory photos/videos of International Day of Yoga with the AICTE at <https://forms.gle/cGnFpwsZrzMYUPQE8>

We deeply value your time and engagement.

With regards,

Yours sincerely,

Mamta
22 May, 24

(Dr. Mamta Rani Agarwal)



सूचना का
अधिकार